



Habit of Less

Philippians 2:1-11 • July 20, 2025

Jesus teaches us to make G_____ a regular part of our lives (Matthew 6:1-4; Acts 10:2), and he encouraged his followers to travel L_____ (Luke 9:3). What is the principle in this?

“Kenosis” in Philippians 2 describes how Jesus E_____ himself in order to please His Father and rescue us all (Philippians 2:5-11).

Rather than requiring a vow of poverty, a life of simplicity frees us from “I_____” things, and teaches us to trust God (Luke 1:52-53).

When busy with important things, Martha was reminded that only one thing is “N_____” (Luke 10:42).

Questions for Self-Reflection:

How much of my time is devoted to indifferent things?

How much of my budget is devoted to indifferent things?

How many of my assets are truly indifferent things?

Answers: Giving; Light; Emptied; Indifferent; Needful