

FAMILY DEVOTIONAL GUIDE



Lesson 4: Teach Us To Pray

Family Icebreaker: Share some of your favorite “kid” prayers you have heard. Remind your kids of things they prayed for when they were little.

Question 1: How is prayer a true “encounter” with God? Start with the verses about “seeking God’s face” (Ps 27:8; Ex 33-34). How is prayer like that for us (2 Cor 3:17-18)? Since God is within us, how is prayer (in a sense) a conversation from God to God (Gal 4:6-8; Rom 8:15, 26-27)?

Question 2: How is prayer a “real conversation”? Read 1 Sam 1:15 & Psalm 42:4. Talk about how prayer is not about a formula, or a performance—it is a real honest cry from the heart.

Question 3: How is prayer beneficial to you? Talk about both external benefit (God changes our circumstances and helps the world) and internal benefit (praying brings peace, joy, and comfort). Read Psalm 4.

Question 4: How is prayer professing (sharing what we believe), confessing (sharing our wrongs), and requesting (asking for God’s blessings)? Read Nehemiah 9 looking for all three of these. Discuss the importance of each of these.

Family activity: Pray as a family. Practice sharing honest, real conversations with God that involve “encountering” God, professing, confessing, and requesting.